

**CURRICULUM VITAE**  
**MUHAMMAD ANWAR, M.D.**  
M.B.B.S., F.C.P.S. (Plastic Surgery) - Pak  
Fellowship Craniofacial Surgery - USA



**Sheikh Zayed Medical College/Hospital**  
**Department of Plastic & Reconstructive**  
**Surgery and Burn**  
**Rahim Yar Khan, Pakistan.**

**MUHAMMAD ANWAR, M.D.****PERSONAL DATA:**

Mailing Address: Professor and Head  
Department of Plastic Surgery & Burns  
Sheikh Zayed Medical College/Hospital  
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**EDUCATION**

June 2006: **Fellowship Pediatric Plastic & Craniofacial surgery**; Children's Hospital of Wisconsin /Medical College of Wisconsin, Milwaukee, WI, U.S.A.

September 2002: **F.C.P.S. (Plastic Surgery)**  
Fellow College of Physicians & Surgeons  
Pakistan

November 1987: **M.B.B.S. (Bachelor of Medicine, Bachelor of Surgery)** Quaid-e-Azam Medical College , Islamia University, Bahawalpur, Pakistan with medals & honors.

**EXPERIENCE**

Oct 6, 2017 to-date **Professor of Plastic Surgery**  
Sheikh Zayed Medical College & Hospital  
Rahim Yar Khan, Pakistan

April 1, 2015 to Oct 5, 2017 **Associate Professor of Plastic Surgery**  
Sheikh Zayed Medical College & hospital  
Rahim Yar Khan, Pakistan

Feb 2008 to March 2015 **Assistant Professor of Plastic Surgery**  
Sheikh Zayed Medical College & hospital  
Rahim Yar Khan, Pakistan

July 2002 to Jan 2008 **Consultant Plastic surgeon**  
Nishtar Hospital Multan

PMDC Reg. No. 16647-P (08-02-1988 to 31-12-2022)

Added Qualifications / Courses

- Jan 26 - 27, 2017 Course on:  
**Hypospadiasis**, held on Pak Italian Modern Burn Center, Nishtar Hospital, Multan
- March 24, 2016 Workshop on:  
**War Surgery, Rhinoplasty & Liquid Facelift**, held at Hayatabad Medical Complex, Peshawar
- Feb 4 - 5, 2015 Workshop on:  
**Management of upper limb & Lower Limb Trauma, and Breast Oncoplastic Surgery**, held at Liaqat National Hospital, Karachi
- Nov 24-27, 2014 Workshop on:  
**Research Methodology, Biostatistics & Medial Writing**, held at Sheikh Zayed Medical College Rahim Yar Khan by CPSP.
- Feb 16, 2012 Workshop on:  
**Hypospadias**: held at B.V. Hospital Bahawalpur on the occasion of 17<sup>th</sup> annual conference of Pakistan Association of Plastic Surgeons
- Sept. 27 – 29, 2010 The Sixth International Workshop on:  
**Surgical Techniques in Cleft Lip and Palate and Maxillofacial Surgery**. Chang Gung Memorial Hospital / Noordhoff Craniofacial Foundation, Taipei, Taiwan
- July 30 - 02 Aug' 09 Workshop on:  
**Assessment of Competence**, held at Sheikh Zayed Medical College, Rahim Yar Khan by the College of Physician & Surgeons Pakistan
- Nov. 15 - 18, 2008 Workshop on:  
**Supervisory Skills**, held at Sheikh Zayed Medical College, Rahim Yar Khan conducted by College of Physicians & Surgeons Pakistan
- Oct. 2 - 4, 2008 Orthodontic Workshop:  
**Nasoalveolar Molding in Unilateral & Bilateral cleft lip**. Noordhoff Craniofacial Foundation / Chang Gung Memorial Hospital, Taipei, Taiwan
- Sept 11-14, 2008 Workshop on:  
**Educational Planning and Evaluation**, held at Sheikh Zayed Medical College, Rahim Yar

- Khan conducted by College of Physicians & Surgeons Pakistan
- Oct. 27-29, 2007  
Workshop on:  
**Cleft lip/Palate & Orthognathic Surgery**  
Noordhoff Craniofacial Foundation / Chang Gung Memorial Hospital, Taipei, Taiwan
- Sept. 16-18, 2006  
Workshop on:  
**Surgical Techniques in Cleft lip & Palate Repair** Noordhoff Craniofacial Foundation / Chang Gung Memorial Hospital, Taipei, Taiwan
- April 5, 2006  
Instructional Course:  
**Considerations in the Evaluation & Treatment of Velopharyngeal Dysfunction: Case studies and Panel Discussion.** American Cleft Palate-Craniofacial Association (ACPA) 2006, Vancouver, Canada
- April 6, 2006  
Instructional Course:  
**Autologous Ear Reconstruction- Nagata's Techniques in Other Hands.** ACPA-2006, Vancouver, Canada  
Instructional Course:  
**Mandibular Distraction in Neonates:** ACPA-2006, Vancouver, Canada  
  
Instructional Course:  
**Surgical Orthodontic Care of the Cleft Patient from Infancy to Adulthood: 35 years Experience.** ACPA-2006, Vancouver, Canada
- September 24, 2005:  
Master Series Course (2 CME Credits):  
**Aesthetic Restoration of the Facial Soft-Tissue Deformity** (nose, cheek, lips): Plastic Surgery 2005  
Chicago, IL, USA  
  
Master Series Course (2 ME Credits):  
**Primary Open and Closed Rhinoplasty:** Analysis; Technical Variations; Nuts and bolts. Plastic Surgery 2005 Chicago, IL  
  
Instructional course (4 CME Credits):  
**Sculpture for the Plastic surgeon:** Plastic Surgery 2005 Chicago, IL
- September 25, 2005:  
Instructional Course (1 CME Credit):  
**Fractures of the Hand:** Plastic Surgery 2005 Chicago, IL

- Instructional Course (2 CME Credits):  
**Further Refinements in Hair restoration:**  
 Plastic Surgery 2005 Chicago, IL
- September 26, 2005: Instructional Course (1 CME Credit):  
**Lower extremity salvage: Alternatives to Microsurgery.** Plastic Surgery 2005 Chicago, IL
- Instructional Course (2 CME Credits):  
**Intrinsic Flaps in the Hand.** Plastic Surgery 2005 Chicago, IL
- Instructional Course (2 CME Credits):  
**Advanced Craniofacial Surgery.** Plastic Surgery 2005 Chicago, IL
- September 27, 2005: Instructional Course (3 CME Credits):  
**Microtia & Hemifacial Microsomia.** Plastic Surgery 2005 Chicago, IL
- Instructional Course (3 CME Credits):  
**Surgical Techniques in Cleft Lip & Palate.** Plastic Surgery 2005 Chicago, IL
- September 28, 2005 Instructional Course (2 CME Credits):  
**Breast Reconstruction with Perforator Flaps.** Plastic Surgery 2005 Chicago, IL
- August 19 - 21, 2005 Course on “**Basic Maxillofacial Principles and Techniques**” for Plastic and Reconstructive Surgeons (17 CME Credits): sponsored by American Society of Maxillofacial Surgeons, Maxillofacial Surgeons Foundation, and American Society of Plastic Surgeons, held at the Feinberg School of Medicine of Northwestern University, Chicago, IL, USA
- June 15, 2005 **Workshop on ND: YAG/Er: YAG Aesthetic Laser.** Friendly Light Laser Corporation Westchester Eye Associates, White Plains, NY, USA
- May 20 - 21, 2005 Course on “**Emerging Technologies & Techniques in Plastic Surgery**”: Innovations in Facial Surgery, Breast Surgery, Body Contouring, Tissue Replacement, and Skin Care. Special live patient demonstrations of the techniques for: Botox™, Hylaform, Hyaluronate injectable (Restylane™), Hydroxyapatite

injectable (Radiesse™), Intense pulsed light treatments for photoaging, acne, pigmented lesions, and Fraxel laser treatment for photorejuvenation, This course was held at New York University Medical Center, New York, NY, USA.

March 1 - 7, 2005:

**Microsurgery Course:**

Attended and completed 40 hours microsurgery laboratory course at University of Texas, MD Anderson Cancer Center, Houston, TX, USA

October 1- 6, 2001:

**Introduction to Computers & Internet**

Awarded certificate for attending workshop on Introduction to Computers & Internet held by College of Physicians & Surgeons Pakistan (CPSP), at CPSP regional office, Islamabad.

June 11 - 15, 2001:

**Research Methodology, Biostatistics & Dissertation writing:**

Awarded certificate for attending workshop on Research Methodology, Biostatistics and Dissertation Writing, held at CPSP Karachi

May 19 - 20, 2001:

**Basic Surgical Skills:**

Awarded certificate for attending workshop on Basic Surgical Skills held by College of Physicians & Surgeons Pakistan (CPSP) at Pakistan Institute of Medical Sciences, Islamabad, Pakistan.

May 20 - 21, 2000:

**Total Nutritional Therapy Program:**

Awarded certificate of achievement for successful completion of Total Nutritional Therapy Program held at Pearl Continental Hotel Rawalpindi, Pakistan, sponsored by Abbott Pharmaceutical Pvt. Ltd.

May 3 - 7, 1997:

**B.L.S & A.C.L.S Course:**

Passed the Basic & Advanced Cardiac Life Support provider course sponsored by Saudi Heart Association in affiliation with American Heart Association, held at **King Khalid Specialist Hospital Buraidah, KSA.**

Sept 5, 2011

**BLS Refresher Course,** Regional Center College of Physicians & Surgeons Pakistan, Lahore, Pak.

December 5 -7, 1995:

**A.T.L.S Course:**

Passed successfully the Advanced Trauma Life Support course of American College of Surgeons, Saudi Arabia chapter, held at **King Khalid Specialist Hospital Buraidah, KSA.**

Sept 9-11, 2011

**ATLS Refresher Course**, Regional Center CPSP, Faisalabad, Pak.

Honors / Awards

**Gold Medal:**

Awarded for the overall “Best Graduate” of Quaid-e- Azam Medical College, Bahawalpur, Pakistan for the session 1982-1987.

**Gold Medal:**

Awarded by Islamia University Bahawalpur, Pakistan for standing first in the university in Final MBBS examination.

**Gold Medal:**

Awarded for overall first position in final Professional MBBS examination Quaid-e-Azam Medical College, Bahawalpur, Pakistan

**Silver Medal:**

Awarded for holding overall first position in the subject of Internal Medicine in final MBBS examination

**Silver Medal:**

Awarded for holding overall first position in the subject of Community Medicine & Public Health in 3<sup>rd</sup> Professional MBBS examination

**PSEF International:  
Scholar 2004**

Selected as a recipient of Plastic Surgery Educational Foundation (**PSEF**) International Scholar Program for the year 2004. PSEF is a USA based organization, the teaching wing of American Society of Plastic Surgeons (ASPS), which select 2-3 plastic surgeons every year from all over the world except North America. I am proud to say that I am the first ever plastic surgeon from Pakistan who was selected for this honor.

**Specialty Training**

- July 2005 to June 2006: **Pediatric Plastic & Craniofacial Surgery Fellowship:** Children's Hospital of Wisconsin / Medical College of Wisconsin, Milwaukee, WI, USA.
- March 2005 to June 2005 **PSEF International Scholar (Traveling Fellowship):** Institute of Reconstructive Plastic Surgery, NYU Medical Center New York, NY, USA
- Nov. 2004 to March 2005 **PSEF International Scholar (Traveling Fellowship):** Plastic & Reconstructive Surgery Department, University of Texas MD Anderson Cancer Center, Houston, TX, USA.
- Feb. 1999 to Jan. 2002 **Plastic Surgery Residency:** Quaide Azam Post Graduate Medical College/ Pakistan Institute of Medical Sciences (PIMS), Islamabad, Pakistan.
- April 2002 to June 2002 **Plastic Surgery Residency:** Department of Plastic Surgery Combined Military Hospital Rawalpindi Cantt, Pakistan.
- Sept. 1998 to Jan. 1999 **Neurosurgery Residency:** King Edward College of Medicine/Lahore General Hospital, Lahore, Pakistan.
- Oct. 1993 to Aug. 1997 **Emergency & Trauma Residency:** King Saud Hospital, Unayzah, Kingdom of Saudi Arabia.
- Aug. 1992 to Oct. 1993 **General Surgery Residency:** Prince Abdullah Bin Abdul Aziz Hospital, Bisha, Saudi Arabia.
- Sept. 1990 to Aug. 1992 **General Surgery Residency:** Quaide Azam College of Medicine/Bahawal Victoria Hospital, Bahawalpur, Pakistan. B.V. Hospital is a 1200 bedded teaching hospital affiliated with Quaide Azam Medical College, Bahawalpur, Pakistan.
- Jan. 1988 to Dec. 1988 **Internship General Surgery:** Worked as Junior House Officer (6 months) and Senior House Officer (6 months), whole time & residential, in the department of general surgery of Bahawal Victoria Hospital, Bahawalpur, Pakistan



## **Hospital Appointments**

Oct 6, 2017 to-date	<b>Professor of Plastic Surgery</b> Sheikh Zayed Medical College & hospital Rahim Yar Khan, Pakistan
April 1, 2015 to Oct 5, 2017	<b>Associate Professor of Plastic Surgery</b> Sheikh Zayed Medical College & hospital Rahim Yar Khan, Pakistan
Dec 2011 to March 2015	<b>Assistant Professor of Plastic Surgery</b> Sheikh Zayed Medical College & hospital Rahim Yar Khan, Pakistan. Sheikh Zayed Hospital is a tertiary care center (761 in-patient beds). The department of plastic surgery consists of 20 beds
Sept 26 to Dec 22, 2011	<b>Consultant Plastic Surgeon</b> Rafha Central Hospital, Rafha, North Zone, Kingdom of Saudi Arabia
Feb 2008 to Sept 2011	<b>Assistant Professor, Plastic Surgery</b> Sheikh Zayed Medical College/Hospital, Rahim Yar Khan, Pak.
Aug. 2007 to Jan. 2008	<b>Consultant Plastic &amp; Reconstructive Surgeon:</b> Pediatric Surgery Unit, Nishtar Hospital Multan
July 2006 to Aug. 2007	<b>Consultant Plastic &amp; Reconstructive Surgeon:</b> Burn & Plastic surgery Unit, Nishtar Hospital, Multan, Pak. Nishtar hospital is a tertiary care center (1500 in-patient beds). The department of plastic surgery holds 15 regular beds.
July 2002 to Oct. 2004	<b>Consultant Plastic &amp; Reconstructive Surgeon:</b> Burn & Plastic surgery Unit, Nishtar Hospital, Multan
Nov. 1997 to Sept. 1998	<b>Primary Health Care Physician:</b> Worked as In-charge Medical Officer (whole time & residential) at Primary Health Care Center chak 30/10-R & 171/10-R, district Khanewal, Pakistan.
April 1989 to Sept. 1990	<b>Primary Health Care Physician:</b> Worked as In-charge Medical Officer (whole time & residential) at primary health care center 22/8-R, district Khanewal, Pakistan.

### **Research Experience / Publications**

- Neovaginoplasty in Congenitally Absent Vagina with Bilateral Pudendal Thigh Fasciocutaneous Flaps. JSZMC, Vol. 08 (02), April – June 2017: 1173-76.
- Surgical Management of Mandibular Fractures by Different Treatment Modalities: A Prospective Study. Journal of Surgery Pakistan (International), Vol.18 (4), Oct-Dec 2013: 167 – 71.
- Reconstructive Surgery for Severe Penile Injury: One stage penile reconstruction (Phalloplasty) using pedicled island anterolateral thigh flap. Pakistan Journal of Medical & Health Sciences; Vol. 7, July-Sept, 2013: 692-97.
- Versatility of Lateral Calcaneal Artery Skin Flap for Coverage of Posterior Heel Defects: Our experience. Pakistan Journal of Medical & Health Sciences; Vol. 7, July-Sept, 2013: 679-83.
- Frequency and Age-Specific Presentation of Burn Patients at Sheikh Zayed Hospital. JSZMC; vol. 2(1): 148-51.
- Role of Recombinant Erythropoietin in the Management of Thermal Burn Patients. J Surgery Pakistan (International) Vol. 6(2) April - June, 2001.
- Maxillofacial Trauma: Current Practice in Management at Pakistan Institute of Medical Sciences. J Ayub Med Coll vol. 15(2) April - June, 2003.

### **Participation in Meetings / Conferences**

Feb 23 - 25, 2018	23 <sup>rd</sup> Annual International Conference of the Pakistan Association of Plastic Surgeons; held at Shaikh Zayed Medical Complex, Lahore (15 CME Hours)
March 24 - 26, 2017	22 <sup>nd</sup> Annual Conference of Pakistan Association of Plastic Surgeons & 2 <sup>nd</sup> Annual Hand Surgery Symposium, held at Allied burn & Reconstructive Surgery center/Allied Hospital, Faisalabad, Pak. (12 CME Hours)
March 25 - 27, 2016	21 <sup>st</sup> Annual Meeting of the Pakistan Association of Plastic Surgeons; held at Pearl Continental Hotel, Peshawar (15 CME Hours)
Feb 6 - 8, 2015	20 <sup>th</sup> Annual Pakistan Association of Plastic Surgeons Conference; held at Aga Khan University, Karachi (18.5- Credits Hours)

- Feb 13 - 15, 2014 19<sup>th</sup> International Scientific Conference; Pakistan Association of Plastic Surgeons, held at Nishtar Hospital, Multan, Pak (18 CME Hours).
- Feb 16 - 18, 2012 17<sup>th</sup> Joint Conference; Pakistan Association of Plastic Surgeons & Pakistan Society for Surgery of the Hand, held at Bahawal Victoria hospital Bahawalpur, Pakistan
- March 12 – 14, 2010 15<sup>th</sup> Joint Conference; Pakistan Association of Plastic Surgeons & Pakistan Society for Surgery of the Hand, held at Perl Continental Hotel, Burbun, Pakistan
- Feb. 23 - 27, 2009 4<sup>th</sup> International Symposium on the management of Cleft lip & Palate, and 14<sup>th</sup> annual conference of Pakistan association of plastic Surgeons, held at Services Institute of Medical Sciences, Lahore, Pak.
- Oct. 5 - 8, 2008 5<sup>th</sup> Asia Pacific Craniofacial Association (APCA), Taipei, Taiwan
- March 27 - 29, 2008 13<sup>th</sup> annual conference of Pakistan Association of Plastic Surgeons, held at Liaquat National Hospital, Karachi
- Feb. 23 - 25, 2007 Presented a scientific paper “From PSEF (Plastic Surgery Educational Foundation) International Scholar to Craniofacial Fellowship, how I got it” in 12<sup>th</sup> annual conference of Pakistan Association of Plastic Surgeons, held at Khyber University Hospital, Peshawar
- November 17-19, 2006 Presented a scientific paper “The Versatility of Distraction Osteogenesis in the treatment of Craniofacial Deformities: a ten-year experience in The Joint International Conference of Plastic Surgeons (Pakistan Association of Plastic Surgeons-West Asia Society of Aesthetic Plastic Surgery), Karachi, Pakistan
- April 4-8, 2006 63<sup>rd</sup> American Cleft Palate-Craniofacial Association, Vancouver, Canada
- Sept. 24-28, 2005 ASPS/ASMS/PSEF Annual Meeting, “Plastic Surgery 2005”, Chicago, Illinois, USA
- Feb. 13-14, 2004 17<sup>th</sup> National Conference of Associations of Pediatric Surgeons of Pakistan, held at Nishtar Medical College & Hospital, Multan, Pakistan
- Feb. 18-19, 2004 1<sup>st</sup> International Symposium on Management of Cleft Lip & Palate, held at Punjab Medical College & Allied Hospital, Faisalabad, Pakistan

- Jan. 10-11, 2004 Presented a scientific paper “Simultaneous correction of nasal deformity along with lip repair in unilateral cleft lip\_patients” in the 9<sup>th</sup> Annual Conference of Pakistan Association of Plastic Surgeons, held at Liaquat University of Medical & Health Sciences Jamshoro, Sindh, Pakistan.
- Dec. 20-21, 2003 4<sup>th</sup> Bahawalpure Hand Surgery Course held by Pakistan Society for Surgery of the Hand at National Orthopedic Hospital, Bahawalpure, Pakistan.
- March 29-30, 2003 8<sup>th</sup> Annual Conference of Pakistan Association of Plastic Surgeons held at Allama Iqbal Medical College/Jinnah Hospital Lahore, Pakistan.
- Nov.16-18, 2002 International Scientific Conference, held at Nishtar Medical Institute, Multan, Pak.
- May 11-12, 2002 27<sup>th</sup> Annual Conference of Pakistan Association of Plastic Surgeons held at Pearl Continental hotel Karachi, Pakistan
- April 5-6, 2001 16<sup>th</sup> Annual Conference of Pakistan Associations of Plastic Surgeons held at Bolan Medical College, Queta, Pakistan
- Nov. 24-26, 2000 Presented a scientific paper “Result of planter grafts in resurfacing the palmer wounds” in the 8<sup>th</sup> Annual Congress of Pakistan Society for Surgery of the Hand, held at Pearl Continental Hotel, Rawalpindi, Pakistan.
- March 5-6, 2000 Presented a scientific paper “Management of difficult wounds by Foam VAC (vacuum assisted closure) dressings” in the 5<sup>th</sup> International Annual Conference of Pakistan Associations of Plastic Surgeons, held at Punjab Medical College & Allied Hospital, Faisalabad, Pakistan

### **Professional Affiliations**

Member Pakistan Society for Surgery of the Hand (2008)  
Member Pakistan Association of Plastic Surgeons (2006)  
Member American Cleft Palate - Craniofacial Association (2006)  
Member American Medical Association (2005)  
Member American Society of Maxillofacial Surgeons (2005)  
Member Wisconsin Medical Society (2005)

### **Interests / Hobbies**

Swimming, Jogging, Playing Tennis  
Reading literature, Children education (teaching),  
Photography and Spending time with the family

**Total Experience in Plastic Surgery: 19 years, including 02 years foreign  
(USA) Experience**

**Overall Experience in general : 29 years, including 07 years experience in  
abroad**

**Last Updated: March 29, 2018**

Muhammad Anwar  
Muhammad Anwar, MD